

# ***Fall / Winter Schedule***

## **Monday:**

6:00-6:45 pm

6:45-7:30 pm

7:30-8:15 pm

8:15-9:00 pm

## **Karate**

Kids White to Orange Belts

Kids Green to Brown Belts

Adults Green to Black Belts

Adults White to Orange

## **Tuesday:**

7:00-8:30 pm

## **Jiu-Jitsu**

Adults all belts

## **Wednesday:**

6:00-6:45 pm

6:45-7:30 pm

7:30-8:15 pm

8:15-9:00 pm

## **Karate**

Kids White to Yellow

Adults Blue/Brown

Adults Orange/Green

Adults White/Yellow

## **Thursday:**

6:00-6:45 pm

6:45-7:30 pm

7:30-8:45 pm

## **Karate**

Kids Orange/Green/Blue

Kids/Adults Brown/Black

Adults All Belts

## **Friday:**

7:00-8:30 pm

## **Jiu-Jitsu**

Adults All Belts

## **Saturday:**

09:30-10:15 am

10:15-11:00 am

11:00-12:00

## **Karate**

Kids White to Orange Belts

Kids Green to Brown Belts

Adults All Belts

## **Saturday:**

12:00-2:00 pm

## **Jiu-Jitsu**

Adults All Belts

Please verify Monthly Calendar for Belt Pre-Tests and Gradings.  
We will be closed for all long weekends and for Statutory Holidays